

THE POWER OF THE PEG

Peg System Home Practice

Name _____

Date _____

Dear Parent/Guardian

Your child has just learned a powerful memory technique, called the Peg System, to help them study for tests. Please help them practice this system by asking them to memorize a list of 20 common household items. Although this is a graded assignment – and I will ask you to grade their results – I’m confident it will be a fun and learning experience for everyone involved. Plus, it’ll give them a chance to show off!

PARENT INSTRUCTIONS

- 1. Create a list of 20 things** commonly found in the home (e.g., chair, scissors), randomly placing the items in the table to the right. It’s most fun if lots of people contribute to the list and see the performance, so get several family members to join in! The student may be present while the list is being generated, but they may not suggest items for the list nor instruct you where to place them.
- 2. Hand the list to your child and give them about 10 minutes to memorize it.** Many will require less time than this, some more. There is no real time limit.
- 3. After 10 minutes** (more or less), take the list from your child and have them recite the entire list to you **IN ORDER!** (They should get 100% of them correct!)
- 4. Select 6-7 numbers from the list** (1-20) and ask your child what **item** is associated with each. (Again, 100% is expected.)
- 5. Select 6-7 items from the list** and ask your child what **number** is associated with each. (Again, 100% right!)
- 6. Praise your child’s amazing brain!**
- 7. Complete the grade form below.** It’s an all or nothing grade, so **if they were unsuccessful in any part of the instructions, give them repeated chances until they get 100%** for Steps 3-5 above.
- 8. Ask them to explain the system!** (Optional)

20 Common Household Items

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 14 _____
- 15 _____
- 16 _____
- 17 _____
- 18 _____
- 19 _____
- 20 _____

THE PERFECT GRADE!

My child successfully recalled the entire list in order, named all items when given a number, and named all numbers when given an item from the list. My child has an amazing brain!!

Parent name (please print)

Comments

Parent signature